

Category Results: Solo

C.Pos = Category Position

G.Pos = Gender Position

Blitz Duathlon

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male 19 & under

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	523	Noah Redecopp	01:22:56	M<19	18	00:19:16	14	1	00:43:35	18	1	00:20:04	18	1

Female 19 & under

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	486	Holly Moores	01:28:07	F<19	32	00:20:57	31	1	00:45:56	34	1	00:21:13	32	1

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Male 20 - 29

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	451	Michael Huizinga	01:09:03	M20-29	1	00:16:22	3	2	00:35:41	1	1	00:16:59	1	1
2	552	Taylor Steele	01:09:56	M20-29	2	00:16:10	1	1	00:37:30	3	2	00:16:15	2	2
3	470	Eric Liong	01:24:08	M20-29	19	00:20:21	22	3	00:42:15	17	3	00:21:31	19	3
4	429	Jeremiah Ford	01:27:26	M20-29	27	00:20:48	28	4	00:44:46	28	4	00:21:51	27	4
5	438	David Haggith	01:49:07	M20-29	73	00:26:16	72	5	00:52:55	70	5	00:29:55	73	5

Female 20 - 29

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	464	Christina Lam	01:27:39	F20-29	28	00:20:37	26	2	00:45:29	30	1	00:21:32	28	1
2	550	Nicole Steele	01:27:58	F20-29	31	00:18:05	7	1	00:51:18	37	2	00:18:33	31	2
3	524	Megan Rennie	01:33:21	F20-29	41	00:21:48	38	3	00:48:11	41	3	00:23:22	41	3
4	371	Leandra Clarke	01:38:10	F20-29	52	00:22:36	45	4	00:51:38	55	4	00:23:55	52	4
5	455	Jillian James	01:49:07	F20-29	74	00:26:16	71	5	00:53:30	71	5	00:29:21	74	5

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Male 30 - 39

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	466	David Langille	01:09:56	M30-39	3	00:16:31	4	2	00:35:50	2	1	00:17:34	3	1
2	516	Sean Quinlan	01:12:22	M30-39	4	00:17:10	5	3	00:37:37	5	2	00:17:35	4	2
3	480	Neil Mccann	01:13:33	M30-39	6	00:55:37	88	18	00:00:00	6	3	00:17:56	6	3
4	427	Chris Fenlon-Macdonald	01:15:18	M30-39	7	00:16:18	2	1	00:41:20	8	5	00:17:39	7	4
5	449	Greg Hopson	01:16:34	M30-39	8	00:18:46	12	7	00:37:01	7	4	00:20:46	8	5
6	506	Greg Pierce	01:17:34	M30-39	10	00:17:13	6	4	00:41:21	10	7	00:18:59	10	6
7	434	Ryan Goldenberg	01:17:40	M30-39	11	00:19:20	15	8	00:39:01	9	6	00:19:18	11	7
8	426	Sebastien Fallu	01:18:37	M30-39	12	00:18:17	9	5	00:41:05	14	9	00:19:15	12	8
9	430	Olivier Gervais	01:19:14	M30-39	13	00:19:35	17	9	00:39:38	11	8	00:20:00	13	9
10	445	Brad Henderson	01:21:10	M30-39	16	00:20:37	25	12	00:39:34	15	10	00:20:59	16	10
11	461	Mike Kierstead	01:26:05	M30-39	21	00:20:49	29	13	00:42:59	20	11	00:22:16	21	11
12	497	Paul Ogrady	01:26:17	M30-39	22	00:18:35	11	6	00:47:38	31	13	00:20:03	22	12
13	482	Chris Mcfetridge	01:26:23	M30-39	24	00:21:33	37	14	00:43:29	24	12	00:21:20	24	13
14	468	Matt Leggett	01:31:43	M30-39	38	00:19:46	18	10	00:49:17	36	14	00:22:39	38	14
15	450	James Huffman	01:33:12	M30-39	39	00:20:31	24	11	00:48:54	38	15	00:23:46	39	15
16	453	Joel Jackson	01:34:18	M30-39	45	00:21:52	39	15	00:50:47	51	17	00:21:37	45	16
17	493	Wes Nail	01:39:53	M30-39	56	00:25:51	67	17	00:48:31	56	18	00:25:30	56	17
18	324	John Abboud	01:40:46	M30-39	57	00:25:11	63	16	00:44:21	39	16	00:31:12	57	18

Female 30 - 39

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	443	Rachel Hawe	01:25:28	F30-39	20	00:20:38	27	1	00:44:27	25	1	00:20:22	20	1
2	422	Shauna Erickson	01:28:12	F30-39	33	00:21:29	35	3	00:46:19	35	3	00:20:23	33	2
3	462	Sarah King	01:28:20	F30-39	34	00:22:11	40	4	00:43:16	27	2	00:22:52	34	3
4	382	Alyssa Crerar	01:35:22	F30-39	46	00:23:08	47	5	00:48:48	49	7	00:23:25	46	4
5	383	Krista Crerar	01:35:22	F30-39	47	00:23:49	52	7	00:48:06	48	6	00:23:26	47	5
6	489	Emilie Morin	01:36:01	F30-39	50	00:23:38	50	6	00:47:10	44	4	00:25:12	50	6
7	484	Jana Miceli	01:37:52	F30-39	51	00:24:20	57	8	00:47:10	46	5	00:26:21	51	7
8	496	Sandell Norman	01:43:37	F30-39	66	00:21:26	34	2	01:00:21	74	11	00:21:49	66	8
9	515	Leslie Pouliot	01:43:49	F30-39	67	00:26:57	79	13	00:49:06	62	8	00:27:44	67	9
10	417	Melanie Doyle	01:45:35	F30-39	68	00:27:34	83	14	00:50:19	67	9	00:27:41	68	10
11	334	Loretta Armstrong	01:47:07	F30-39	70	00:24:24	58	9	00:56:16	72	10	00:26:26	70	11
12	381	Leanne Coulter	01:49:31	F30-39	75	00:26:47	76	12	00:55:28	75	12	00:27:15	75	12
13	732	Kimberly Turner	01:49:52	F30-39	76	00:25:43	66	10	00:58:31	80	15	00:25:37	76	13
14	492	Shannon Nail	01:50:04	F30-39	77	00:26:44	74	11	00:55:58	76	13	00:27:22	77	14
15	454	Susan Jackson	01:55:37	F30-39	81	00:28:41	84	15	00:55:15	79	14	00:31:40	81	15

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Blitz Duathlon

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male 40 - 49

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	336	Mike Bara	01:20:03	M40-49	14	00:19:06	13	1	00:40:13	13	1	00:20:43	14	1
2	543	Ryan Spence	01:22:33	M40-49	17	00:20:52	30	5	00:41:12	16	2	00:20:28	17	2
3	366	Jorge Caro	01:26:20	M40-49	23	00:20:30	23	4	00:45:05	29	5	00:20:44	23	3
4	710	Kris Tranter	01:27:48	M40-49	30	00:20:20	21	3	00:44:23	23	3	00:23:04	30	4
5	485	Dave Miller	01:28:33	M40-49	36	00:19:47	19	2	00:45:28	26	4	00:23:17	36	5
6	420	Dana Ellison	01:38:54	M40-49	54	00:23:56	53	6	00:49:30	53	6	00:25:26	54	6
7	354	Mike Bruneder	01:45:52	M40-49	69	00:26:34	73	7	00:51:30	69	7	00:27:46	69	7
8	446	Dave Hicks	02:06:46	M40-49	88	00:29:08	85	8	01:00:32	85	8	00:37:05	88	8

Female 40 - 49

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	528	Tracey Roemmele	01:26:49	F40-49	26	00:22:23	44	5	00:42:13	21	1	00:22:12	26	1
2	510	Suzie Poirier	01:27:48	F40-49	29	00:20:20	20	1	00:44:22	22	2	00:23:05	29	2
3	478	Annabelle Mastalic	01:28:22	F40-49	35	00:21:29	36	2	00:45:03	33	4	00:21:49	35	3
4	541	Correen Slawson	01:29:43	F40-49	37	00:22:21	43	4	00:44:08	32	3	00:23:13	37	4
5	474	Sasha Lupichuk	01:33:15	F40-49	40	00:22:18	42	3	00:47:37	40	5	00:23:18	40	5
6	463	Laraine Kish	01:33:48	F40-49	42	00:23:59	54	9	00:46:09	42	6	00:23:39	42	6
7	418	Sarita Drew-Stanier	01:33:54	F40-49	43	00:23:06	46	6	00:47:25	43	7	00:23:22	43	7
8	421	Shannon Erfle	01:35:50	F40-49	49	00:23:33	49	8	00:48:10	47	8	00:24:06	49	8
9	473	Jodi Long	01:38:14	F40-49	53	00:24:00	55	10	00:49:34	54	10	00:24:39	53	9
10	419	Caroline Dumas	01:39:08	F40-49	55	00:23:32	48	7	00:49:06	50	9	00:26:30	55	10
11	529	Viktoriya Rustad	01:41:02	F40-49	58	00:24:30	59	12	00:51:01	58	12	00:25:30	58	11
12	553	Elena Tabelev	01:41:03	F40-49	59	00:24:31	60	13	00:51:01	59	13	00:25:29	59	12
13	469	Dawn Lemkes	01:41:44	F40-49	62	00:25:36	65	15	00:49:05	57	11	00:27:02	62	13
14	447	Kelly Hicks	01:42:16	F40-49	63	00:24:09	56	11	00:52:27	64	14	00:25:39	63	14
15	494	Andrea Nelson	01:43:00	F40-49	65	00:24:43	62	14	00:52:25	65	15	00:25:51	65	15
16	527	Chris Robinson	01:47:25	F40-49	71	00:27:01	81	21	00:50:55	68	16	00:29:28	71	16
17	520	Angie Redecopp	01:47:41	F40-49	72	00:26:45	75	18	00:54:02	73	17	00:26:53	72	17
18	458	Junko Kai	01:50:57	F40-49	80	00:26:58	80	20	00:56:00	77	18	00:27:58	80	18
19	457	Tanya Jonson	01:55:45	F40-49	83	00:26:05	68	16	01:01:42	82	19	00:27:57	83	19
20	490	Kelly Morrison	01:59:32	F40-49	84	00:26:13	70	17	01:06:43	88	21	00:26:35	84	20
21	459	Rebecca Ellison	02:00:22	F40-49	86	00:26:48	77	19	01:04:07	86	20	00:29:26	86	21

Category Results: Solo

C.Pos = Category Position

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Blitz Duathlon

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Male 50 - 59

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	569	Keith Taylor	01:13:28	M50-59	5	00:18:10	8	1	00:36:08	4	1	00:19:09	5	1
2	481	Robert Mccosh	01:17:04	M50-59	9	00:18:32	10	2					9	2
3	444	Kim Heinze	01:20:41	M50-59	15	00:19:34	16	3	00:39:42	12	2	00:21:24	15	3
4	436	Manuel Gonzalez	01:26:36	M50-59	25	00:21:26	33	5	00:42:10	19	3	00:23:00	25	4
5	500	Kevin Parish	01:35:30	M50-59	48	00:21:03	32	4	00:51:37	52	4	00:22:48	48	5
6	794	Mike Wood	01:41:32	M50-59	60	00:25:24	64	8	00:50:27	60	5	00:25:41	60	6
7	365	Juneer Calvero	01:41:33	M50-59	61	00:24:33	61	7	00:51:19	61	6	00:25:39	61	7
8	437	Wayne Goodridge	01:42:42	M50-59	64	00:23:45	51	6	00:53:41	66	8	00:25:15	64	8

Female 50 - 59

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	487	Pam Moores	01:34:08	F50-59	44	00:22:12	41	1	00:49:06	45	1	00:22:48	44	1
2	511	Diane Poon	01:55:41	F50-59	82	00:30:33	87	4	00:58:31	83	2	00:26:36	82	2
3	364	Shannon Burnard	02:00:10	F50-59	85	00:27:11	82	2	01:03:54	87	4	00:29:04	85	3
4	416	Angele Downie	02:02:59	F50-59	87	00:29:57	86	3	00:59:31	84	3	00:33:31	87	4

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Blitz Duathlon

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Female 60+

Pos	Bib #	Name	Time	Categ	O.Pos	Run1	Pos	C.Pos	Cycle	Pos	C.Pos	Run2	Pos	C.Pos
1	394	Verna Crosson	01:50:12	F60+	78	00:26:49	78	2	00:56:16	78	1	00:27:06	78	1
2	369	Karen Chugg	01:50:28	F60+	79	00:26:07	69	1	00:59:07	81	2	00:25:12	79	2